

Date: Friday 7th February 2020
 Location: The Regis School,
 Westloats Lane, Bognor
 PO21 5LH
 Time: 8:50am –3.45pm



West Sussex
 PE Conference 2020

“All I’s on Sussex”
 Intention | Implementation | Impact

West Sussex PE Conference Programme

8:30-8:45	Arrival and Registration at The Regis School, Main Hall Refreshments available on arrival
8:50-9:00	Welcome and Introduction to the day: Intent – Implementation – Impact This year’s conference focuses on our future, our desire to Inspire... The Intent to plan for progress, the Implementation of those plans & the Impact of this on our young people
9:00-9:30	Opening Keynote: Marie Burgess – Headteacher St Leonards CE Primary School Whole School Engagement & Inspiration through PE & Sport Marie will inspire you with her story of how physical activity & personal challenge have transformed the school, engaging children staff and parents and raising standards across the school.
9:35-10:55	Practical 1 – Arena Sports Centre & playing fields Each delegate will take part in a practical session. Please see outline of sessions on attached sheet. The practical session will be approx. 80mins
11:00-11:50 (20 mins @ each)	Supporting Keynote - Stuart Kay, Schools Director, Youth Sport Trust PE, Sport and Wellbeing and it’s place within the new Ofsted Framework (Main Hall) Stuart is a strong believer in the life changing impact that PE & Sport can have on young people and will bring this to life in the context of the new Ofsted framework, giving ideas for creating clear intentions, implementing ideas & effectively measuring impact. And Marketplace an extensive arena, featuring national organisations such as AfPE, YST, NGB’s, together will innovative resources and local delivery networks - Nick Chellel, Active Sussex (Canteen)
11:50 - 12:35	Lunch provided in the Canteen
12:40-13:35	Network sessions – Main Hall & adjoining classrooms Delegates will have the opportunity to attend ONE extended or TWO quickfire network sessions during this time. See attached list to choose your network sessions. These will be delivered by a variety of experienced staff/tutors.
13:40-14:55	Practical Session 2 – Arena Sports Centre & playing fields Each delegate will take part in a second practical. Please see outline of sessions on attached sheet. These practical sessions will be approx. 75mins
15:00-15:40	Tea, Cakes, Competition & Closing Keynote – Main Hall Congratulations all round; recognising School Games Mark and Quality Start awards, other achievements, rounded off by an inspirational closing keynote from Invictus Games gold medal winning athlete, Mike Goody. Finally, time for reflection, ongoing actions and the completion of evaluation forms and eating of cakes!

Key Partners



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Keynote Biographies

Opening Keynote - Marie Burgess

Marie is the Headteacher of St Leonards CE Primary School near Hastings. She’s worked in primary schools for over 25 years, with areas of expertise that include behaviour, inclusion, SEND and parental engagement. Most recently, she has taken St Leonards out of Special Measures and on a path towards good, through engaging the whole school community and using PE & Sport as one of the key drivers for that. Her ‘Personal Challenge’ programme has been integral to her success.

Supporting Keynote - Stuart Kay

Stuart has been a senior leader and literacy consultant in schools across the E Midlands. He currently works for the Youth Sport Trust as their School Director. He is a strong believer in the life changing impact that PE & Sport can have on young people and will bring this to life in the context of the new Ofsted framework.

Closing Keynote – Mike Goody

Mike is an inspirational character. A former member of our armed forces, he was severely injured whilst on a tour of Afghanistan in 2008, and his life changed for ever. Mike will lead you through his story and inspire you with his courage and determination. In his words “I’m driven to push myself further & do things I never even thought I’d be able to accomplish before I was injured!” You’ll be in awe of his achievements!

Network Sessions (12:40-13:35)

Please note; the format of these has changed for this year... We have a choice of

Either: Deep Dives (extended 50 min network) into certain topics. You’ll only attend one, pre-chosen, topic.

Or: Power Plays (short (~12-15 min) networks) where you can get a short sharp insight into a topic, listen to a colleague present, or ask key questions. You’ll get to visit 3-4 of these during the network session

If you choose a Deep Dive, put the DD number on your application form. Please choose a reserve for this... Either to do the Power Play, or another DD number if you prefer another Deep Dive option

If you choose the Power Plays, then you can choose on the day.

Either	<u>Deep Dive</u> – Extended Good Practice network sessions
DD 1	New to the PE Coordinator Role – What’s in ‘my bag’? Ideas to support staff who are new to the PE Coordinator role. This will be led by a key practitioner who currently works as a subject leader.
DD 2	KS1 Leaders We all know the value of developing young people as leaders. This session will show how you can start this at KS1 and give children a start and an understanding of what leadership can be about. There will be practical ideas and access to resources to support your development of this area of leadership.
DD3	PE & Sport Premium (PESP) – Any Questions? An in depth look at the reporting of the PESP with the Active Sussex lead. As well as exploring ways to maximise the impact of the funding by aligning it with whole school priorities, this session will cover advice on how to, & best practice examples of reporting of the funding, particularly in line the new Ofsted framework. As well as an opportunity to ask questions about areas of the PE & Sport Premium such as capital expenditure and school swimming, there will be an opportunity for delegates to ask specific questions regarding their own PE & Sport Premium Report.

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OR	Power Play - Short Sharp Insight sessions – a chance to do at least 3 of these. Choose on the day
	Quality Start
PP 1	How do you rate your KS1 provision? This award provides support and recognition of your offer. Locally developed, it helps you identify key aspects of your offer and how to improve this. This network will be led by a practitioner who has used this to improve their KS1 PE & Sport.
	Healthy School Rating System
PP 2	Are you interested in the new Healthy Schools Rating Scheme and want to find out more? Hear more about the new scheme and how your school can get involved, or if you are already taking part explore more ideas how to develop further. If this applies to your school, this session is for you.
	Gold Awards & Beyond
PP 3	Have you reached a high standard of provision in your PE & Sport offer? Is your next step to look for the ultimate Platinum Award in School Games Mark. We will share with you what is needed; what the benefits are and how schools have used this to deliver a greater range of opportunities.
	Active 30:30 ideas for Implementation
PP 4	We all recognise the need to get young people more active. Regular physical activity is crucial to good mental & physical health. Exploring initiatives and activities to help achieve the required Active 30 minutes within school and ideas to inspire further activity at home and in the community, this session will explore the different methods & programmes that are available, such as Personal Challenge & Daily Mile that are simple & achievable, together with an understanding of the wider benefits.
	Get Set for Tokyo
PP 5	Another Olympic year is coming up in 2020 and this time the athletes are heading for Japan. This session will share with you the resources and ideas that are available for you to engage your pupils, not only in physical activity and sporting ideas, but in cross curricular learning too.
	PE & Sport Premium – what does the Legacy look like?
PP 6	Listen to some case studies of how the PE & Sport Premium has been used to create a sustainable legacy in some schools. Have you created an environment where quality PE and outstanding sporting opportunities are a recognised part of school life...? This network will be led by a practitioners who have made best use of their PE & Sport Premium & are creating a lasting legacy.
	Role of PE in the new Ofsted Framework
PP 7	Following on from his talk, Stuart Kay will give you a chance to explore further the points raised in the keynote and ask follow up questions relevant to your setting.
	NGB Resources
PP 8	An opportunity to share some of the new resources that have come put recently. Many NGB’s have produced new resources which are readily available for you to use within your school. This network will take a whistlestop tour of the new resources, and show you what their benefits are and where to access them.

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Practical Sessions

Delegates will have the opportunity to attend **TWO practical sessions**. Session 1 is in the morning and Session 2 is in the afternoon.

Time	Sportshall A	Sportshall B	Gym	Sportshall A/B	Playground
Session 1 09:35 Each session is approx. 80mins.	A Strike/Field Games (target KS1) Sussex Cricket will take you through methods of how to use a variety of activities to help engage KS1 pupils a strike/field activity. The session will give you a host of practical ideas and resources	B Behaviour Strategies in PE to maximise participation A practical session which will look at how to manage behaviours within PE lessons and how to create clear learning environments giving young people responsibility for managing their own learning.	C Teaching Gymnastics (KS2) This session will focus on looking at how children make progress in gymnastics and work through with you, the skills & planning needed to deliver high quality gymnastic sessions.	D Engaging our Least Active (KS1 & KS2) Developing ideas to ensure we engage the least active children in our PE & Sport offer. How to introduce and develop YP through inspiring activities and extension tasks to challenge children of all abilities.	E O & A A (target KS2, some KS1 too) Using outdoor challenges and team building tasks, this session will explore how to develop young people’s skills, plus ideas to develop a programme that is deliverable on your own school site, both indoors & outdoors.
	Sportshall A	Sportshall B	Gym	Sportshall A/B	Dance Studio
Session 2 13:40 Each session is approx. 75 mins.	J Strike/Field Games (target KS2) Using a variety of strategies to help pupils learn and achieve in a strike/field activity. This will progress from simple strike/field activities of the KS1 session into more advanced ideas, with some specific strike/field games ideas	K An introduction to FA Primary Teachers Award (KS1&2) An introduction to the FA course which looks at developing the confidence & skills required to deliver high quality games lessons. The full course (either one day, or 2 x 3 hr sessions) may be available through your local SGO.	L Teaching Gymnastics (EYFS & KS1) This session will focus on how gymnastics helps young learners to develop the movement skills which enabling them to access a wider range of activities as they grow. It will cover activities from across the Key Stage.	M Engaging minorities including SEND in PE This session will explore how to engage ALL pupils in PE & Sport, looking at strategies to ensure that this is the case. It will look particularly at children in minority groups, with additional needs and disabilities	N An Alternative Activity Yoga for children! (KS1 & KS2) Yoga can be used to engage children and improve their mental as well as physical health... Building muscle & increasing flexibility aids YP’s physical development, as well as used to reduce stress, increase concentration & a sense of community.